

AUGUST

MON	TUE	WED	THU	FRI
3 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	4	5	6	7 WORTHY WOMEN PROGRAM (FULLY BOOKED)
10 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	11	12 UNDERSTANDING TRAUMA 12:30PM - 3PM	13	14 WORTHY WOMEN PROGRAM (FULLY BOOKED)
17 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	18 COERCIVE CONTROL 10AM - 12:30PM	19	20	21 WORTHY WOMEN PROGRAM (FULLY BOOKED)
24 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	25	26	27	28
31 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM				