

July 2026

MON

TUE

WED

THU

FRI

School Holidays
Week

1

2

3

School Holidays
Week 6

7

8

9

10

Trauma Informed
Yoga
9.30am-11.00am 13

14

Parenting Plans
workshop
12.30pm-3pm 15

16

Worthy Women
Fully Booked 17

Trauma Informed
Yoga
9.30am-11.00am 20

21

22

23

Worthy Women
Fully Booked 24

Trauma Informed
Yoga
9.30am-11.00am 27

28

29

30

Worthy Women
Fully Booked 31