



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4 WOMEN'S SPACE CLOSED
5 WOMEN'S SPACE CLOSED	6 WOMEN'S SPACE CLOSED - PUBLIC HOLIDAY	7 NO YOGA	8	9 SELF-ESTEEM & SELF- WORTH WORKSHOP 1:30PM - 4PM	10	11 WOMEN'S SPACE CLOSED
12 WOMEN'S SPACE CLOSED	13 COERCIVE CONTROL 10AM - 12:30PM	14 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	15	16	17	18 WOMEN'S SPACE CLOSED
19 WOMEN'S SPACE CLOSED	20	21 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	22 WORTHY WOMEN PROGRAM (FULLY BOOKED)	23	24	25 WOMEN'S SPACE CLOSED
26 WOMEN'S SPACE CLOSED	27	28 TRAUMA-SENSITIVE YOGA 9.30AM - 11AM	29 WORTHY WOMEN PROGRAM (FULLY BOOKED)	30 UNDERSTANDING TRAUMA WORKSHOP 1:30PM - 4PM	31	WOMEN'S SPACE CLOSED